

**bacon street**

YOUTH AND FAMILY SERVICES

# RUN FOR THE BACON 5K

Saturday, June 1st 2019

7:30 am Fun Run | 8:00 am 5K

Followed By Family Fun Fest

Eastern State Hospital

4601 Ironbound Road, Williamsburg, VA



### Top finisher medals!

\$30 pre-registered (postmarked by May 24, 2019)

\$35 after May 24, 2018 and on race day

\$10 for 1 mile fun run/walk

T-shirts guaranteed to all runners for registrations received by 5:00 pm, May 24. All others while supplies last.

**Entry Fees Are Non-Refundable**

### REGISTER BY MAIL/IN PERSON:

Bacon Street Youth and Family Services

247 McLaws Circle

Williamsburg, VA 23185

(One form per entrant)

### REGISTER ONLINE:

<http://baconstreet.org/run-for-the-bacon-5k/>

All proceeds to benefit the programs and services of Bacon Street Youth and Family Services.

*Please print*

NAME: \_\_\_\_\_ SEX (circle): M F AGE ON RACE DAY \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
Street City State Zip

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

T-SHIRT SIZE (circle): Youth - S M L Adult - S M L XL XXL

RACE ENTERED (circle): 5K Run 5KWalk 1 Mile Run/Walk

WAIVER: I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a road race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release James City County, Eastern State Hospital, Bacon Street Youth and Family Services, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose. In consideration of the safety of all participants, NO baby joggers, baby strollers, headphones, animals on leashes, skateboards, rollerblades, or skates will be allowed.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

All entrants must sign waiver (parent's signature if under 18 years old)

For questions contact: Stephanie Wills, Bacon Street Youth and Family Services, [swills@baconstreet.org](mailto:swills@baconstreet.org), 757-253-0111